



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene

Larry J. Hogan, Jr., Governor – Boyd K. Rutherford, Lt. Governor – Van T. Mitchell, Secretary

To: DDA Coordination of Community Services Providers
Support Brokers
DDA Licensed Service Providers

From: Bernard Simons
Deputy Secretary
Developmental Disabilities Administration

Date: August 7, 2015

Re: Medicaid State Plan Services

THIS LETTER IS AVAILABLE IN ACCESSIBLE FORMATS. TO REQUEST ANOTHER FORMAT, PLEASE CONTACT HELPDESK.DDA@MARYLAND.GOV.

Coordinators of community services provide assistance to help individuals connect with an array of services and supports and ensure their coordination. They are responsible for assisting individuals in identifying generic resources, natural supports, services available through other programs, Medicaid State Plan services, and waiver services. Services should support individual choices and independence; goals related to employment; community integration; and services in the most integrated setting appropriate. The person's Individual Plan (IP) should include all services (i.e. generic resources, natural supports, services available through other programs, Medicaid State Plan services, and waiver services) and becomes the focal point of coordinating services.

Individuals who are Medicaid eligible, including participants of home and community-based services (HCBS) waiver programs, have access to the full range of services available under the Medicaid State Plan. Maryland's Medicaid State Plan and Maryland Children's Health Program (MCHP) cover a broad range of health care services.

To meet individual needs; support self-determination, employment, and families; and enhance integration and inclusion into the community, these Medicaid State Plan services should be explored. However, there is no requirement that CFC services be accessed before waiver services.

Mandatory Medicaid services and optional services provided by Maryland are noted in the charts on the following page. Note that individual services must be medically necessary and that not all participants will meet the eligibility criteria for each service.

Maryland Medicaid Services

Ambulance Transportation	Laboratory & Radiology
Chiropractic	Mental Health Rehab
Clinic Services	Nursing Facility
Clinic services including Federally Qualified Health Centers	Occupational Therapy
Community Alternative Programs	Optometry
Community First Choice	Personal Care
Dental Care (mandated for children 7/09)	Physical Therapy
Diagnostic, Screening, & Prevention	Podiatry
Durable Medical Equipment	Prenatal Care
Early and Periodic Screening, Diagnostic, & Treatment (EPSDT)	Prescription Drugs
Emergency Hospital Services	Preventive Services
Eyeglasses	Private Duty Nursing
Family Planning	Prosthetics & Orthotics
Hearing Aids (children)	Speech Therapy
Home Health	Targeted Case Management
Hospice	Transportation
Inpatient and Outpatient Hospital	Vaccines (children)

On January 6, 2014, Maryland consolidated some personal assistance services under a State Plan program called the Community First Choice (CFC) program. The CFC program provides community services and supports to enable older adults and individuals with disabilities to live in their own homes. In order to be eligible to receive CFC, a person must meet an institutional level of care. Another state plan program, the Medical Assistance Personal Care program, provides personal assistance services to those who do not meet an institutional level of care, but who need assistance with at least one activity of daily living.

For individuals on the DDA Waiting List with Medicaid eligibility, CFC or MAPC services may help with current needs. CFC services are noted below:

Personal Assistance Services*	Personal Emergency Response Systems
Nurse Monitoring*	Technology
Consumer Training	Environmental Assessments
Supports Planning*	Accessibility Adaptations
Transition Services	Home Delivered Meals

*The MAPC program offers only personal assistance, nurse monitoring, and supports planning services.

Additional information regarding:

- Maryland's Community First Choice can be found through the link below. Included is the resource guide for supports planners.
<https://mmcp.dhmh.maryland.gov/longtermcare/SitePages/Community%20First%20Choice.aspx>
- Medicaid Durable Medical Equipment (DME) and Durable Medical Supplies (DMS) approved list of items can be viewed at:
<https://mmcp.dhmh.maryland.gov/communitysupport/SitePages/approvedlist.aspx>.
- Maryland Technology Assistance Program (MDTAP) can be viewed at:
<http://www.mdod.maryland.gov/MTAP%20Home.aspx>.
- Maryland's Medicaid program can be viewed at:
<https://mmcp.dhmh.maryland.gov/SitePages/Medicaid%20Medical%20Assistance%20Overview.aspx>