New DDA Family Support Waiver

Family Support Waiver
Steering Committee
June 5, 2017

Presenters: Mary Anne Kane Breschi, Director of Family Supports
Rhonda Workman, Director of Federal Programs
New DDA Support Waivers

The Governor’s approved FY 2018 budget for the Developmental Disabilities Administration includes:

- $7.4 million Total Funds
- To create two new **capped supports waivers** for people waiting for services on the DDA Waiting List
New DDA Support Waivers

- Capped Supports Waivers:
  - Federal - Section 1915 (c) Medicaid Home and Community-Based Services Waivers
  - States have found them to be an important tool in serving individuals who have been on a waiting list for services
  - Lower per-person costs than comprehensive waivers (e.g. Community Pathways)
  - States have been able to ensure more individuals are reached on the waiting list
New DDA Support Waivers

Goals for the new waivers include providing:

- Innovative service options that support MD’s Supporting Families Community of Practice

- Individual and family self-direction opportunities

- Flexibility for individuals and families to move dollar amounts among line items within their approved person-centered/family-centered plan to meet the emerging and cyclical needs of the child and family

- Short-term exceptions to the overall budget caps based on exceptional needs (for example family caregiver support needs, post hospitalization, short term nursing needs)
Family Supports Waiver

- Support people on the DDA waiting list under age 22

- 400 individuals and families

- Variety of community-based service options for after school, nights, and weekends

- Implementation to begin January 2018

- $12,000 annual per person service funding cap

- $2.4 million Total Funds ($1.2m General Funds + $1.2m Federal Funds)
Family Supports Waiver

What services to offer to meet the needs of families?

- National Best Practices
- Family Support Steering Committee
- DD Coalition Survey
- Regional Forums
- Official Public Input
Family Supports Waiver

- National Best Practices

- Supporting Families Community of Practice

- Consultant researched 22 states to gather information on the waivers that, in whole or part, provide support to individuals living at home with their families

- These states were identified by the National Association of State Directors of Developmental Disabilities Services (NASDDDS)
Family Supports Waiver

- Family Support Steering Committee

- Diverse group of parents/caregivers including:
  - Age of parent
  - Age of children
  - Culture
  - Disability
  - Relationship
Family Support Steering Committee – Discussion Questions

1. What types of supports and services do children (young, elementary, middle school, and high school) with developmental disabilities need in their homes?

2. What types of supports do children with developmental disabilities need in their communities?

3. What types of supports and services do children with developmental disabilities need after school, in the evening, or on the weekend?
Family Support Steering Committee – Discussion Questions continued

4. What other types of supports and services do children with developmental disabilities need?

5. What types of supports and services do family members (parents, siblings, etc.) need?

6. Other thoughts, suggestions, challenges, etc?
Family Supports Waiver

- Family Support Steering Committee - Service Themes
  - Assistive Technology
  - Community Support and Navigation
  - Environmental Modifications
  - Family Caregiver Training
  - Family Empowerment Supports
  - Family-to-Family Support
  - Individual Education and Training
  - Peer-to-Peer Support
  - Respite
  - Self-Advocacy Supports
  - Supportive Home Care
Family Supports Waiver

- Developmental Disability Coalition Survey

  ✓ Created by the DD Coalition

  ✓ Used same Family Support Steering Committee Discussion Questions

  ✓ Survey conducted from April 27 – May 9

*Developmental Disability Coalition consists of People on the Go, Developmental Disabilities Council, ARC MD, Disability Rights Maryland, and MACS
Maryland Family Support Waiver Survey
Top 10 Identified Services

- Assistive Technology: 14
- Family Training: 17
- Accessible Community Resources: 21
- Before and After School Supports: 22
- Therapies: 25
- Community Supports: 30
- Behavior Supports: 32
- Activities of Daily Living/Independent Living: 34
- Recreation, Play, Social Skills: 40
- Respite: 74

*Data represents 52 responses related to the six questions*
Regional Forums –

✓ To share information

✓ To get input on Family Support Waiver draft waiver service definitions

✓ Family Support Waiver draft waiver service definitions:
  ❖ should be reviewed prior to the event
  ❖ will be posted to the DDA Website by June 9th
Regional Forums - Who should Attend?

- Family Members with a child under 21 years on the DDA Waiting List
- Family Members with a child under 21 years with a developmental disabilities not receiving DDA funded services
- Parent and Family Advocacy organizations
- Community Service agencies interested in providing services under the new waiver program
### Family Supports Waiver

Regional Forums – June 19<sup>th</sup> – 22<sup>nd</sup> from 6 to 8 p.m.

<table>
<thead>
<tr>
<th>Region</th>
<th>Date</th>
<th>Location</th>
<th>Address</th>
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</thead>
<tbody>
<tr>
<td>Central Maryland</td>
<td>June 19, 2017</td>
<td>The Meeting House</td>
<td>5885 Robert Oliver Place, Columbia, MD 21045</td>
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<tr>
<td>Southern Maryland</td>
<td>June 20, 2017</td>
<td>Bowie Comfort Inn</td>
<td>4500 Crain Hwy, Bowie, MD 20716</td>
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<tr>
<td>Western Maryland</td>
<td>June 21, 2017</td>
<td>Clarion Inn</td>
<td>5400 Holiday Drive, Frederick, MD</td>
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<tr>
<td>Eastern Shore</td>
<td>June 22, 2017</td>
<td>Quality Inn</td>
<td>8523 Ocean Gateway, Easton, MD 21601</td>
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*DDA notice and registrations links sent out today!
Regional Forums –

- Individuals that are unable to attend the forum can share their input via a dedicated email at wfb.dda@maryland.gov through June 23, 2017 in addition to the official public input in July 2017.
Next Steps

- DDA Family Support Waiver Regional Forums June 19th – 22nd, 2017
- State review of input for consideration of final revisions – June 2017
- Official final public inputs – July 2017
- Waiver submissions to CMS – September 2017
- Respond to CMS questions – September through December 2017
- Projected CMS approval – December 2017
- Projected effective date – January 2018
DDA Website Information

- DDA FAMILY SUPPORTS Waiver
  https://dda.health.maryland.gov/Pages/DDA_FAMILY_SUPPORTS_Waiver.aspx

- DDA Family Supports Waiver Public Forums
  https://dda.health.maryland.gov/Pages/DDA_Family_Supports_Waiver_Public_Forums.aspx

- DDA FAMILY SUPPORTS Waiver Proposed Services
Questions