New DDA Family Support and Community Support Waivers

The Arc Maryland 2017 Convention
June 2, 2017

Presenters: Mary Anne Kane Breschi, Director of Family Supports
Rhonda Workman, Director of Federal Programs
Agenda

- Introductions
- National Supporting Families Communities of Practice
- Maryland’s Communities of Practice Supporting Families
- New DDA Support Waivers
  - Family Support Waiver
  - Community Supports Waiver
- Next Steps
- Questions
MARYLAND COMMUNITY OF PRACTICE FOR SUPPORTING FAMILIES & The LifeCourse Framework
**Project Goal**
To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.

**Project Outcome**
- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.
Maryland’s Goal

• Build capacity across and within the State to create policies, programs and services based on the current reality of expectations, services and supports. To enhance the lives of MD families across the lifespan.

• Support families with all of their complexity, strengths and unique abilities so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration and inclusion in all facets of community life.
INTEGRATED SERVICES & SUPPORTS

Everyone exists within the context of family and community

“Best Intentions” Traditional Disability Services

Integrated Services & Supports

Slide #6
Marylanders with I/DD

Estimated 93,830 individuals in MD with Developmental Disabilities\(^1\)

1. Based on 1.58% prevalence of 5,938,737 MD citizens, US Census 2013
2. DDA Waiting List/Case Management (CM) – 11,259 individuals, DDA July 2016 data
3. MD DD Paid Services – 16,889 individuals, DDA July 2016 data

- **70%**\(^3\) (66,556)
  - Not known to DD State System

- **12%**\(^2\)
  - CM or Waitlist

- **18%**
  - Paid DD Services

Slide #7
WHERE DO PEOPLE WITH I/DD LIVE?

NATIONAL TOTAL OF 4.7 MILLION PEOPLE WITH IDD

89% living in own homes and/or are supported by family

Own or With Family
Residential Supports

All people have the right to live, love, work, play and pursue their aspirations in the community.

- All people regardless of age, ability or family role. In service or not, known or unknown to the system.

- Family Systems & Cycles. People exist and have give-and-take roles within a family system, which adjust as the individual member change and age.

- Life Outcomes. Individuals and families focus on life experiences that point the trajectory toward a good quality of life. Based on current support structures that focus on self-determination, community living, social capital and economic sufficiency, the emphasis is on planning for life outcomes, not just services.
Guiding Principles continued…

**Life Domains.** People lead whole lives made up of specific, connected, and integrated life domains that are important to a good quality of life, including daily life, safety and security, community living, healthy lifestyle, social and spirituality, and citizenship and advocacy.

**LIFE Stages & Trajectory.** Individuals and families focus on a specific life stage, with an awareness of how prior, current, and future stages and experiences impact and influence life trajectory. It is important to have a vision for a good quality of life and have opportunities, experience and support to move the life trajectory in a positive direction.
Individual & Family Supports. Supports address all facets of life and adjust as roles and needs of all family members change.

- **Discovery & Navigation** – information, education, skill building
- **Connecting & Networking** – peer support.
- **Goods & Services** – daily living and financial supports
Guiding Principles continued…

**Integrated Delivery of Support.** Individuals and families utilize an array of integrated supports to achieve the envisioned good life. Including those that are publicly funded and based on eligibility, community supports that are available to anyone, relationships based supports, technology, and that take into account the assets and strength of the individual and family.

**Policy & Systems.** Individuals and families are satisfactorily involved in policy making so that they influence planning, policy, implementation, evaluation and revision of the practices that affect them. Every program, organization, system and policy maker must always think about a person in context of the family.
MD Activities 2016 - 2017

State Leadership Team
5 Regional Awareness Events
Draft Strategic Plan
Annual Meeting
June 14, 2017
Family Supports Waiver
Steering Committee

- Provide input regarding services to be included in the waiver
- Review recommendations from other stakeholders (e.g. the Developmental Disabilities Council and Consultants)
- Composed of a diverse group of parents
  - Age of parent and child
  - Culture
  - Disability
  - Relationship
### DDA Regional Offices - Family Leads

<table>
<thead>
<tr>
<th>Central MD Regional Office</th>
<th>Southern Maryland Regional Office</th>
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<tbody>
<tr>
<td>Ms. Norma Matthews</td>
<td>Ms. Jennifer Williams</td>
</tr>
<tr>
<td>1401 Severn St.</td>
<td>312 Marshall Ave., 7th Floor</td>
</tr>
<tr>
<td>Baltimore, MD 21230.</td>
<td>Laurel, MD 20707</td>
</tr>
<tr>
<td>410.234.8200</td>
<td>Telephone: (301)362-5100</td>
</tr>
<tr>
<td>Maryland Relay: 1-800-735-2258</td>
<td>TDD: (301)362-5131</td>
</tr>
<tr>
<td>TOLL FREE: 1-877-874-2494</td>
<td>TOLL FREE: 1-888-207-2479</td>
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<table>
<thead>
<tr>
<th>Eastern MD Regional Office</th>
<th>Western Maryland Regional Office</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms. Debbie Balea</td>
<td>Ms. Michelle Haden</td>
</tr>
<tr>
<td>926 Snow Hill Road</td>
<td>1360 Marshall Street,</td>
</tr>
<tr>
<td>Cottage 100</td>
<td>Hagerstown, Maryland 21740</td>
</tr>
<tr>
<td>Salisbury, MD 21804</td>
<td>Telephone: (301)791-4670</td>
</tr>
<tr>
<td>Toll Free: 1-888-219-0478</td>
<td>Maryland Relay: 1-800-735-2258</td>
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<tr>
<td>TDD Line: 1-800-735-2258</td>
<td>TOLL FREE: 1-888-791-0193</td>
</tr>
</tbody>
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MD Supporting Families
Community of Practice
DDA Contact

Mary Anne Kane Breschi
Maryland Developmental Disabilities Administration
Director of Family Supports
410.767.8880
mary.kane-breschi@maryland.gov
New DDA Support Waivers
New DDA Support Waivers

The Governor’s approved FY 2018 budget for the Developmental Disabilities Administration includes:

- $7.4 million Total Funds
- To create two new capped supports waivers for people waiting for services on the DDA Waiting List
New DDA Support Waivers

- **Capped Supports Waivers:**
  
  - Federal - Section 1915 (c) Medicaid Home and Community-Based Services Waivers
  
  - States have found them to be an important tool in serving individuals who have been on a waiting list for services
  
  - Lower per-person costs than comprehensive waivers (e.g. Community Pathways)
  
  - States have been able to ensure more individuals are reached on the waiting list
New DDA Support Waivers

Goals for the new waivers include providing:

- Innovative service options that support MD’s Supporting Families Community of Practice
- Individual and family self-direction opportunities
- Flexibility for individuals and families to move dollar amounts among line items within their approved person-centered/family-centered plan to meet the emerging and cyclical needs of the child and family
- Short-term exceptions to the overall budget caps based on exceptional needs (for example family caregiver support needs, post hospitalization, short term nursing needs)
Family Supports Waiver

- Support people on the DDA waiting list *under age 22*
- 400 individuals and families
- Variety of community-based service options for after school, nights, and weekends
- Implementation to begin January 2018
- $12,000 annual per person service funding cap
- $2.4 million Total Funds ($1.2m General Funds + $1.2m Federal Funds)
Family Supports Waiver

- What services to offer to meet the needs of families?
  - National Best Practices
  - Family Support Steering Committee
  - DD Coalition Survey
  - Regional Forums
  - Official Public Input
Family Supports Waiver

- National Best Practices

  - Supporting Families Community of Practice
    http://supportstofamilies.org/

  - Consultant researched 22 states to gather information on the waivers that, in whole or part, provide support to individuals living at home with their families

  - These states were identified by the National Association of State Directors of Developmental Disabilities Services (NASDDDS)
Family Supports Waiver

- Family Support Steering Committee

- Diverse group of parents/caregivers including:
  - Age of parent
  - Age of children
  - Culture
  - Disability
  - Relationship
Family Support Steering Committee – Discussion Questions

1. What types of supports and services do children (young, elementary, middle school, and high school) with developmental disabilities need in their homes?

2. What types of supports do children with developmental disabilities need in their communities?

3. What types of supports and services do children with developmental disabilities need after school, in the evening, or on the weekend?
Family Support Steering Committee – Discussion Questions continued

4. What other types of supports and services do children with developmental disabilities need?

5. What types of supports and services do family members (parents, siblings, etc.) need?

6. Other thoughts, suggestions, challenges, etc?
Family Supports Waiver

- Family Support Steering Committee - Service Themes
  - Assistive Technology
  - Community Support and Navigation
  - Environmental Modifications
  - Family Caregiver Training
  - Family Empowerment Supports
  - Family-to-Family Support
  - Individual Education and Training
  - Peer-to-Peer Support
  - Respite
  - Self-Advocacy Supports
  - Supportive Home Care

Slide #28
Family Supports Waiver

- Developmental Disability Coalition Survey

  ✓ Created by the DD Coalition

  ✓ Used same Family Support Steering Committee Discussion Questions

  ✓ Survey conducted from April 27 – May 9

*Developmental Disability Coalition consists of People on the Go, Developmental Disabilities Council, ARC MD, Disability Rights Maryland, and MACS
Maryland Family Support Waiver Survey
Top 10 Identified Services

- Assistive Technology: 14 responses
- Family Training: 17 responses
- Accessible Community Resources: 21 responses
- Before and After School Supports: 22 responses
- Therapies: 25 responses
- Community Supports: 30 responses
- Behavior Supports: 32 responses
- Activities of Daily Living/Independent Living: 34 responses
- Recreation, Play, Social Skills: 40 responses
- Respite: 74 responses

*Data represents 52 responses related to the six questions*
Regional Forums –

- To share information

- To get input on Family Support Waiver draft waiver service definitions

Family Support Waiver draft waiver service definitions:
- should be reviewed prior to the event
- will be posted to the DDA Website by June 9th
Regional Forums - Who should Attend?

- Family Members with a child under 21 years on the DDA Waiting List
- Family Members with a child under 21 years with a developmental disabilities not receiving DDA funded services
- Parent and Family Advocacy organizations
- Community Service agencies interested in providing services under the new waiver program
## Family Supports Waiver

**Regional Forums – June 19th – 22nd from 6 to 8 p.m.**

<table>
<thead>
<tr>
<th>Region</th>
<th>Date</th>
<th>Location</th>
<th>Address</th>
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<tbody>
<tr>
<td>Central Maryland</td>
<td>June 19, 2017</td>
<td>The Meeting House</td>
<td>5885 Robert Oliver Place,</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Columbia, MD 21045</td>
</tr>
<tr>
<td>Southern Maryland</td>
<td>June 20, 2017</td>
<td>Bowie Comfort Inn</td>
<td>4500 Crain Hwy, Bowie, MD 20716</td>
</tr>
<tr>
<td>Western Maryland</td>
<td>June 21, 2017</td>
<td>Clarion Inn</td>
<td>5400 Holiday Drive, Frederick, MD</td>
</tr>
<tr>
<td>Eastern Shore</td>
<td>June 22, 2017</td>
<td>Quality Inn</td>
<td>8523 Ocean Gateway, Easton, MD 21601</td>
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*DDA notice and registrations links sent out today!*

Slide #33
Regional Forums –

- Individuals that are unable to attend the forum can share their input via a dedicated email at wfb.dda@maryland.gov through June 23, 2017 in addition to the official public input in July 2017.
Community Supports Waiver

- Support people on the DDA waiting list *of any age*
- 400 individuals and families
- Variety of community-based service options with the exception of residential services
- Implementation to begin January 2018
- $25,000 annual per person service funding cap
- $5 million Total Funds ($2.5m General Funds + $2.5m Federal Funds)
What services to offer?

- Community-based service options offered under the Community Pathways Waiver (e.g. employment supports, personal supports, respite, assistive technology, behavioral supports, etc.) with the exception of residential services

- Provided in settings that meet the federal Community Settings requirements
Next Steps

- DDA Family Support Waiver Regional Forums June 19th – 22nd, 2017
- State review of input for consideration of final revisions – June 2017
- Official final public inputs – July 2017
- Waiver submissions to CMS – September 2017
- Respond to CMS questions – September through December 2017
- Projected CMS approval – December 2017
- Projected effective date – January 2018
DDA Website Information

- DDA FAMILY SUPPORTS Waiver
  https://dda.health.maryland.gov/Pages/DDA_FAMILY_SUPPORTS_Waiver.aspx

- DDA Family Supports Waiver Public Forums
  https://dda.health.maryland.gov/Pages/DDA_Family_Supports_Waiver_Public_Forums.aspx

- DDA FAMILY SUPPORTS Waiver Proposed Services